

GENERAL DYNAMICS
Bath Iron Works

BIW NEWS

March
2010

DDG 1000 PVLS Turn

(see page 4)

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From the Helm

Jeff Geiger, President, Bath Iron Works

As you read this we will be approaching one of the most significant anniversary dates in the modern history of BIW. On April 2, 1985, BIW was awarded a contract to design and build the lead ship in the Navy's newest class of Aegis Guided Missile Destroyers, *Arleigh Burke* (DDG 51). At the time, there were high expectations that this contract would result in steady work for BIW many years into the future. I don't believe anyone could have predicted what would happen to this shipyard in the course of 25 years and 31 DDG 51 class ships. Entire families were raised, careers developed, we ceased launching ships on the inclined ways and we revolutionized the way naval surface combatants are constructed. It has been and continues to be a program worthy of the American hero after which it is named.

This month I want to focus my message to you on safety because early 2010 performance trends are not moving in the direction we'd all like to see. What is somewhat difficult to understand is why this appears to be happening given last year's record-setting efforts. You can see our cumulative performance through the month of February on page 3. My hope is you look at those data points and agree with me that these early trends are unacceptable. Then I hope you will recommit yourselves to our basic goal to send everyone home at the end of the day in the same condition in which they arrived.

We must never let up on our efforts to achieve that goal. We have plenty of room to improve but it will take a concerted effort by all of us. Well over half of the total injuries we've seen to date have been "event-driven." These types of injuries are generally caused by an action either taken, or not taken, by someone in the process of performing his or her job. One way to eliminate these kinds of injuries is to focus on the job you are about to perform and think it through before you start—ask yourself if you are ready to safely do the work. Is there a procedure that governs how this job should be done? Is the area properly prepared? Will assistance be needed to safely perform the job? Is the tool the correct one for the job and is that tool in good working order? How can awkward positions be avoided or the time spent in an uncomfortable position minimized? If you have mentally prepared yourself to do the job safely before you start, the probability of executing that job safely will increase dramatically.

We have raised the performance bar for our 5-Star Compliance Program and we are beginning to see progress as shown on page 4. The Program will continue to challenge all of us to accept greater personal responsibility for creating a safe work environment compliant with regulations and guidelines. However, if we are fully compliant with every requirement but do not accept personal responsibility to perform every job safely, we will not get to where we need to go.



Nick Snowdon

We all know that building complex Navy warships is a tough job that requires us to balance many priorities on any given day. However, there must be no doubt in anyone's mind that there is nothing more important in this shipyard than ensuring your safety and that of your co-workers while on the job.

Last month during our All Hands sessions I addressed the matter of increased competition in our industry as the Navy continues to define what ships will be needed to perform its current and future missions. Safety is an integral part of our ability to be competitive. The skills and abilities you bring to the shipyard each day, whether you are a designer at the Church Road Office Facility, an engineer in North Stores, a financial analyst, program manager or mechanic, are what make us a competitive and viable business. If you are injured and unable to bring those skills and abilities to the shipyard, our ability to compete is diminished. Please commit to improving your personal safety and that of your co-workers.

On March 11, 2010, Vice Admiral John P. Currier, USCG, Chief of Staff, U.S. Coast Guard and Commanding Officer, Coast Guard Headquarters, Washington, D.C. came to BIW. He was pleased with what he saw here, but this visit also confirmed that competition to build future ships for the Coast Guard will be very intense. To maximize our ability to participate we must continue to be innovative in all of our processes, including safety.

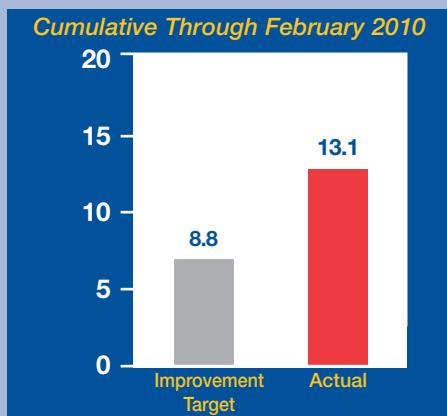
Think safe, act safe and be safe every day. Make it personal—because every work place injury is personal—to the injured person, his or her family and friends and his or her co-workers. We have proven many times over what we can do when we focus on an issue and commit to resolving it. We must remain focused on safety and accept it as a personal responsibility.

"TOGETHER WE CAN MAKE A DIFFERENCE"

Performance

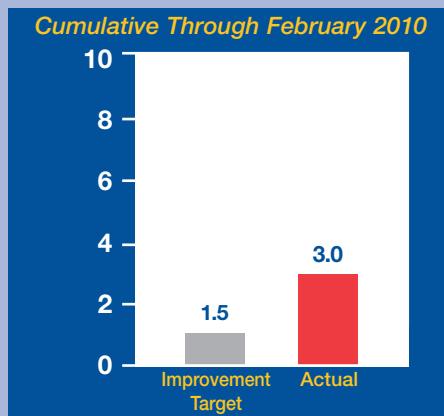
Safety

RECORDABLE INJURIES



February 2010

LOST-TIME INJURIES



Environmental

Year to date (YTD) progress toward achieving our environmental performance goals under the **Maine DEP STEP UP** and other environmental programs is displayed as follows:

- Equal to or better than YTD goal
- Above YTD goal, improved from prior year
- Above YTD goal, not improved from prior year



The Ethics Corner

Conflicts of Interest

What are conflicts of interest? Conflicts of interest occur when your personal interests compromise BIW's interests and affect your independent and unbiased judgment to make impartial decisions in the best interest of BIW. Even a perception of a conflict of interest could negatively affect BIW and your employment at BIW. Many kinds of gifts or items of value may create a conflict of interest. Common examples include:

- Cash and/or physical gifts
- Tickets to entertainment events
- Prepaid expenses for travel, accommodations and entertainment

- Hiring or promising to hire friends, relatives and member of family
- Preferential awarding of scholarships and charitable contributions
- Awarding contracts to companies in which you have a financial and/or friend/family interest

Some obvious warning signs are extravagant gifts that may influence objective decision making, the underlying or implied purpose of the gift and whether you will feel an obligation after accepting the gift.

It is always in your personal best interest to seek advice and disclose a potential conflict of interest. Be proactive—talk to

BIW NEWS

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The primary objectives of **BIW NEWS** are to recognize the service, accomplishments, innovation and contributions of our employees and to provide information on matters that are of interest to our workforce.

Comments and suggestions are welcome and should be forwarded to Dixie Stedman at Mail Stop 1210 or by e-mail at dixie.stedman@biw.com.

Facility/Shift Information Call Line

Toll free information on facility status, work shift delays, and cancellations

1-866-630-BATH
(1-866-630-2284)

GENERAL DYNAMICS
Bath Iron Works

your manager or supervisor if you are faced with a potential conflict of interest, review the GD "Blue Book," applicable company policies, or contact the Ethics Office (ext. 4216) or Legal Department (ext. 1256).

The GD Hotline (1-800-433-8442) is also available as a resource.



PVLS Turn

On March 5, 2010, the *Zumwalt* (DDG 1000) Zone 1570 Peripheral Vertical Launch System (PVLS) unit was brought outside and turned. This is the first time that a DDG 1000 PVLS unit moved out of the building and turned, marking a milestone in the construction of the newest generation of surface combatant.

Scott Smith (D10), Area Supervisor, said, "This turn was a big event for the ship. It's a real morale booster for everyone who's been working hard on DDG 1000." Scott gave credit to Al Smith, Jeff Galipeau, Dave Nadeau, Ron Small and Ian Waterhouse (all D10), Lenny Charbonneau (D43), and Michael Giza (D40) for working together to make this first PVLS unit turn successful.



DDG 1000 PVLS unit is lifted off the transporter.

5 Star Compliance

In January, the bar was raised on the 5 Star Compliance program and all areas are being reevaluated. This step is being taken to ensure that the program continues to serve as a useful tool regarding compliance with regulations and to help reduce incidents, accidents and injuries in the company.

As shown to the right, some areas are beginning to show activity as indicated by the awarding of stars. Although not shown on this chart, a great deal of work is going on in each area to prepare for these inspections.

Referring to his comments during a series of All Hands Communication meetings in February, Jeff Geiger said, "Our safety statistics in 2009 were as good as anyone can remember, yet they remind us that every one of those accidents and lost time injuries was something that should not have happened and could have been prevented. The re-evaluation of all areas in our 5 Star Program is an attempt to look at each area with fresh eyes and to see the things that may be hidden in plain sight which could cause someone to not go home in the same condition that they arrived at work that day."



Safety is everyone's business.



MARCH 17, 2010					
LLTF/Hyde South	●	●	●	●	●
ABC Plat	●	●	●	●	●
H 504 (DDG 109)	●	●	●	●	●
H 505 (DDG 111)	●	●	●	●	●
Rigging/Carpenter/South Hyde Shops	●	●	●	●	●
POII/Ultra hall	●	●	●	●	●
EBMF	●	●	●	●	●
Hardings	●	●	●	●	●
ACE/CW	●	★	●	★	★
Bath Warehouses	●	●	●	●	●
Blast I, II, III	●	●	●	●	●
Aluminum Shop	●	●	●	●	●
Assembly Building	●	★	●	★	★
Panel Line	●	★	●	★	★
5-Skids	●	●	●	●	●
Machine/Intake-Uptake/Strut shops	●	●	●	●	●
Facilities	●	●	●	●	★

★ Compliant ● Engaged in Assessment ● Preparing for Assessment ● Lost Star

Wellness and Benefits

Health Passport—Easier Than You May Think!

In talking to employees who have thumbed through their Health Passports, the Benefits and Wellness Team has heard two recurring messages—"the Health Passport is too hard to bother with" and "it's not worth the effort." Here is some information that may help change your mind.

By now, most employees have seen or heard about the Health Passport. Anthony Anderson, BIW Wellness Programs Manager said, "Briefly, it is a self-paced, customizable wellness program for employees, spouses and adult dependents." By participating in the Health Passport program, you can:

- Be rewarded for making or keeping your health a priority
- Get inspired to try something new
- Receive discounts at local businesses
- Earn chances to win great quarterly prizes and a new vehicle

Below is a picture of the Level 1 page from the Health Passport and the actions to take. "This page is important," states Anthony, "because after finishing Level I, you are entered into the upcoming quarterly and grand prize drawings. With Level I complete, you can complete other pages in the order you choose to collect rewards, qualify for subsequent quarterly drawings and earn additional entries to the grand prize drawing. With just a small investment of your time, you will be on your way."

Writing the Personal Health Plan (PHP)

"If you are struggling with writing a PHP," says Anthony, "BIW's onsite Health Advocate, Maggie Kelley (D49), is available to review your health assessment results with you and help you write your personal health plan using those results." Call ext. 4939 or email maggie.kelley@gdbiw.com for an appointment. To help you get started, an easy-to-use Personal Health Plan worksheet is available on BIW's intranet.

Getting Your Stamps

"There are several ways to get stamps," adds Kathie Beaulieu (D49). "If you go to a Stamping Partner in the community (see list on BIW's intranet), they can give you a stamp when you do the activity. Most PCPs and several dentists in the area are also Stamping Partners—just bring your Health Passport to your appointment and get a stamp/signature from your PCP or dentist. You can show a receipt, certificate or proof of activity to the Health Passport Team (Anthony Anderson, ext. 2915, Maggie Kelley, ext. 4939 or Benefits ext. 2527); Wellness Team members; or stampers in your area—just look for the "Get Your Health Passport Stamped Here" posters.

There's no time like the present to get started. There are great quarterly prizes to win—the first drawing is March 31, 2010, followed by three more quarterly drawings and the grand prize drawing in December.

"And," adds Anthony, "the odds of winning are pretty good!"



LEVEL
1

Physical Health and Fitness

Cigna members log on to myCIGNA.com and click "Take my health assessment now." Other options include: keepmewell.org or talk to your PCP.

Annual check[†] up = 1 stamp
6-month dental cleaning[†] = 1 stamp
No copay for annual check up for Cigna members.

*An annual check-up in the last 12 months or dental cleaning in the last 6 months qualify for stamps. Just show proof to the Health Passport Team to get your stamps.

Learn

Take a "Health Assessment"** (HA) at www.mycigna.com, with your Primary Care Provider (PCP), or Health Advocate. Get stamped at your PCP's office* or share HA with Health Advocate.



Try

Write a personal Health Plan * (PHP) using your HA results. Include measurable goals! Get stamped at a Partner* or share plan with Health Advocate.



Do

Get your yearly check-up from your PCP & 6-month cleaning from your Dentist. Get stamped at your PCP/Dentist office* or show receipt to HP Team.



Win

Benefits, Health Advocate or Wellness Program Manager Signature.

Have you collected all 4 stamps needed? Get a Level 1 Discount Card.

+ 1 entry ticket—upcoming quarterly prize drawing

+ 1 entry ticket—Grand Prize (a new vehicle)

Not sure what something means or how to do it? The Health Advocate (ext. 4939), Wellness Program Manager, and Benefits can help!

A personal health plan is simply health-related things to work on, like eat 2 more vegetables each day or add strength training to your exercise routine. Results from your health assessment will help write your plan.

* Go to www.gdbiw.com/bhw, or a Health Passport bulletin board, for a list of Stamping Partners/more information.

Racing for Veterans/No Boundaries

In late February, an interesting linkage was made between two organizations. One is the BIW Track Team, a long-time competitor in Maine corporate track events and occasional entrant in some big races around the country, such as the Beach to Beacon in Cape Elizabeth and this past month, the New Orleans Rock 'n Roll Marathon. The other organization is Maine Handicapped Skiing (MHS) based in Sunday River and their Veterans/No Boundaries (VNB) program which introduces veterans as well as recovering, athletic active duty service members to winter sports through the use of adaptive equipment. VNB also runs an equally successful summer program where instead of skis, snowboards and snow machines, participants get into kayaks and canoes and onto water skis and the golf course.

The BIW Marathon team consisted of Robert Ashby (D43), Jeff Banger, Hans Brandes and Dave Roberts (all 40) and Lance Giuliani (D84). When the idea of using their race to raise money for the VNB program was presented to them, they embraced the idea. While they continued training, Cheryl Gilbert (D86) coordinated fundraising on behalf of the team with help from Anthony Anderson on the HR/Wellness side. Some areas of the shipyard managed to have fun in the process. Led by Hull Manager Phil Kinney (D10) the Hull 504 group decided that they would support Robert Ashby by raising as much money as they could in a hurry. From can collections to impromptu auctions, they reached deep to raise a princely sum in Robert's name for VNB.

With fundraising going well and the days slipping away to the marathon on February 28, MHS held their fifth annual winter VNB event in early February for 20 active duty and service veterans, accompanied by a spouse or caregiver, who participated in a completely free 4-day weekend of nonstop athleticism and socializing. This year, a group of recovering soldiers from the 10th Mountain Division in Fort Drum in upstate New York were first time



BIW Marathoners (l to r): Jeff Banger, Robert Ashby, Hans Brandes, Dave Roberts and Lance Giuliani.

participants. This collaboration with the 10th Mountain Division came about through long-time MHS volunteer Andre Benoit, one of the original WWII 10th Mountain Division soldiers as well as the father of Joan Benoit Samuelson, Maine Olympian and the founder of the Beach to Beacon race.

The ships we build and the work we do at BIW directly support our country's servicemen and women on active duty around the world and many of our employees are members of the reserve forces who have made the sacrifices necessary to serve with honor on active duty when called to do so. For that reason, BIW began sponsoring VNB activities several years ago and we continue to be impressed with what MHS does for veterans working with a small staff, careful cost management and a talented, dedicated volunteer force of over 450 people.

This year was no exception with small miracles of discovery and capability taking place all over the mountain. With favorable conditions throughout the weekend, participants were outdoors, into some adaptive equipment and onto the slopes. If the veteran has a sports interest, MHS provides the equipment, instruction and encouragement to help that vet take the first steps towards becoming the skier or snowboarder that they want to be. If the veteran isn't sure what to try, MHS can inspire them, as they do over

and over, year after year. The smiles on the faces of these vets at the end of a day of being outdoors and among other veterans as well as in the company of some of their family members is, to borrow a phrase, priceless.

Most of us will remember the weekend of February 26–28 as the one we spent without power and generally a little discomfited by the experience. Unfortunately, the guys heading to New Orleans coped with worse. Between cancelled and rerouted flights, they arrived late Saturday, without the planned buffer between traveling and the race and with nagging thoughts that their families were coping on their own with what nature had thrown at us in New England.

However, come Sunday, the team rose to the challenge and finished fourth overall in the corporate division. Dave Roberts was new to this race, yet he finished first in his age group. Robert Ashby was ill on race day, but the support shown by his Hull 504 crew and his sense of loyalty to his team mates wouldn't let him sit it out. It was a great team effort, made a little more special because they raised over \$3,700 for VNB.

Peter Adams, Executive Director of MHS, attended the February 28 BIW Manufacturing Off-site and briefly spoke to those in attendance. "VNB provides transform-

(Continued on pg. 12)

Head of the Class

Ever wonder who has the most seniority in the company? Here's two of our longest-serving employees, and you couldn't ask for nicer guys to work with or better people to have on your team.

In 1952, the Korean War began, Puerto Rico became a commonwealth of the United States, the Yankees won the World Series, Dwight D. Eisenhower was elected President of the United States, and Clayton Grover (D11) started work at Bath Iron Works. On August 20, 2010, he will celebrate his 58th service anniversary. He started as a pipe coverer onboard ships, moved to the Tin Shop and now is a pipe coverer working in an area of the old Machine Shop.

Clayton left the shipyard on three different occasions, but always returned. We are very fortunate to have had the benefit of his skills and good humor these many years. In 1953 amid the Korean War, he went to Louisiana for Army infantry training but with the war ending, spent his two service years in Oklahoma. His second departure was due to a lay-off in 1963 and he dug worms until rehired as a safety man on Hull 344, USS *Wainwright*, DLG-28, Belknap Class Guided Missile Frigate. He was laid off once more in 1973 and since returning, has continuously reported to duty as a pipe coverer.

With Clayton's nearly 58 long Maine winters in the shipyard, one would expect to hear stories about the "great storm of such-and-such year." Instead, reaffirming his work ethic and that of his fellow workers, he said it took quite a storm to shut this place down. "If you could get here, you got here. Doors were open."

Clayton enjoys what he does and doesn't complain. Despite being called "Papa Smurf," among other things, by his co-workers, he maintains "there's a good bunch of people around." Clayton proudly wears his big white beard and displays a drawing of Papa Smurf at his work station which was given to him by a friend in the nearby tool crib. He enjoys having a good time once in a while. He said, "That's the whole secret, that's what makes you want to come to work." It's rumored that Clayton enjoys singing while he works and has a very good voice, but he was too bashful to demonstrate.



Long-time employee, Clayton Grover, left. Nick Snowdon is shown above with Kathy Favreau at a recent service recognition event.

At one point, Clayton had four sons working here. Today, only one, Jimmy Grover (D11), is in the yard and like his father, works as a pipe coverer. With Clayton's positive attitude and work ethic, it's obvious why his sons would follow in his footsteps. Clayton's advice to new people: "Some people think this place owes them a living and it's not so. They hire you to do a job and you should do the best you can. That's what I've always done and a lot of people do. It's what works." As far as retirement, he's not even thinking about it. "It's not what it's cracked up to be," he jokes.

In 1954, following Clayton by two years, Richard (Nick) Snowdon (D87) was hired by Bath straight out of the Air Force. He started as a 24-year-old designer on the 2nd floor of the Main Office Building in the Main Yard, spent some time in North Stores, and is now at CROF. When he was hired, the design team was smaller and located in the main yard. He rode most of the ships on sea trials and said, "I enjoyed them except when I got sea sick. The first one in March was kinda rough."

When Nick started work, his union dues were \$1.27, his desk was a finished door set on file cabinets and there were no computers. Today, if other designers want their drawings checked, "they print them out for me," he said. Nick's union dues may have increased, but he still doesn't use a computer, although he admits, "I've worked on a pc... I liked it alright."

After 55 years, having worked in several design divisions and in a couple of different locations throughout the yard, Nick, age 79 years young, says he still enjoys what he does. Of his time here, he says, "the older you get, the quicker it goes." Nick doesn't have any plans for retirement just yet. He said he'll probably "crawl out of here."

Thanks, guys.

TOP 10 BIW's Longest-Serving Employees

Name/Dept	Sr. Date
Clayton Grover (D11)	Aug 1952
Richard "Nick" Snowdon (D87)	Nov 1954
John Carver (D20)	May 1962
Thomas Alley (D81)	Jan 1964
Henry Cole (D81)	Jan 1964
Leslie Waltz (D29)	Feb 1964
David Abbott (D87)	Aug 1964
Earl Overlock (D87)	Feb 1965
Larry McDonald (D86)	Feb 1965
Terry Chambers (D02)*	Jun 1965

* Combined GD Service

From the Fleet and the Field

The Burke Stamp

Included in the US Postal Service's 2010 Stamp Program is a commemoration of Distinguished Sailors which honors four 20th Century sailors. One of these, shown top right with the crest of DDG 51 is RADM Arleigh A. Burke, a man of such distinction that he received the rare honor of having not only a ship, but a class of ships, named for him in his lifetime.

On April 2, 1985, BIW was awarded the contract to build his ship. Those who recall Admiral Burke's visits to BIW during construction of DDG 51 will recall his gentle demeanor, yet agree with the tribute paid at his death

in 1996, calling him a "sailor's sailor" who defined what it meant to be a naval officer: "relentless in combat, resourceful in command, and revered by his crews."

The other distinguished sailors include, counterclockwise from the top, William S. Sims, the WWI reformer and innovator who influenced the course of the modern US Navy; John McCloy, who was awarded two Medals of Honor for two separate acts of heroism; and Doris Miller, recognized as the first African American hero of WWII for his actions at Pearl Harbor on December 7, 1941. These stamps will be released mid-2010.



New USPS commemorative stamps, featuring RADM Arleigh Burke (top right).

The Creative Engineer

To go along with Maine Engineers Week, BIW held its own version, dubbed Engineer Days. The theme was "The Creative Engineer" and so much was going on, two weeks were allocated to schedule all of the events.

Paul Friedman and Christie Kelley (both D40), along with Don Bernier (D20), Elliot Cumming (D46), Dave Heath, Roger Walker, Darlene Perkins, and Kurt Stinson (all D40), organized the events. Paul said, "The activities aimed to inspire creativity within BIW engineers and also combine a social element while celebrating the profession."

All activities were voluntary and employees attended on their own time, yet over 40 people attended a field trip to the Saco, Maine facility of General Dynamics Armament and Technical Products (GDATP) formerly known as Saco Defense. The group learned about another GD company and tested out GDATP's firing range. Based on this success, a second GDATP trip is planned. Another field trip found BIW employees learning about composites and machining at Southern Maine Community College's Advance Technology Center in Brunswick.

A follow-up field trip is also planned to visit Backyard Farms, a year-round tomato grower in Madison, Maine. Owner Mike



Accepting the Geiger Cup from Chris Waller (far right) are, l to r: Jim Strickland, David Weippert and Paul DeFreitas.

Earle gave a Lunch 'n Learn talk about his company and invited BIW employees to visit the farm. What do tomatoes have to do with BIW engineers? Well, the folks at Backyard Farms have figured out a way to grow vast amounts of tomatoes 365 days a year using creative engineering techniques. Think about that during the next snow-storm!

Other Lunch 'n Learn sessions were given by Rachael Kennedy (D40), Jeff Geiger, Mark Oxlade (of Robotics ABB), and Dr. Habib Dagher (of the University of Maine at Orono). Rachael talked about the DDG 1000 Cathodic Protection and Degaussing systems, Jeff spoke about creative engineering at BIW, Mark gave a

presentation related to the robotic welding machines that BIW has recently begun using, and Dr. Dagher spoke about wind power.

Engineer Days culminated with mouse-trap drag races which filled the Fitzgerald Conference Center with spectators and 19 teams competing for the coveted Geiger Cup. In the end, the Swingline team, consisting of Paul DeFreitas, David Weippert, and Jim Strickland (all D40) came out on top. They will hold onto the Geiger Cup for a year and were invited to lunch with BIW's president.

When questioned, Paul declined to divulge the secrets behind his team's winning car. Sounding like a creative engineer, he said, "We found a bunch of stuff laying around and when we put it together, it seemed to work." Without disclosing their competitive advantages, all of the teams will produce a technical article describing their chosen design.

The overall popularity of Engineer Days led to immediate plans for future events, both competitive and educational. And next year, the Geiger Cup will again be contested, possibly going to the team who prepares by carefully studying the write-ups of this year's contestants.



Maine E-Week Celebration

On February 2, 2010, Governor Baldacci signed a proclamation designating the week of February 21–27 as Maine Engineers Week. Several BIW engineers attended the signing including Deb Augustine (D86), representing BIW as well as the Maine Engineering Promotion Council (MEPC), and Nick Charles (D40), Eddie Davis, Jr. (D86) and William Guertler (D40), representing the younger face of engineering at BIW.

MEPC's flagship event is the annual E-Week Expo held on Saturday of Maine Engineers Week and alternating locations between the campuses of the University of Maine in Orono and the University of Southern Maine in Portland. This year, the University of Maine Field House in Orono welcomed nearly 800 attendees to their event which was called "Brain Power 10."

According to Deb, "The Expo targets middle school students, but there are plenty of attendees both above and below that



BIW Engineers and friends at the E-Week Expo included, I to r: Rob Van Gilder, Alex Ross, Charlie Cary, Mackenzie Ross, Russ Hoffman, David Porter and Mike Ross.

level. We plan something for all ages and the activities are geared to engaging kids in hands-on learning and exploration. We hope that it opens their eyes and their minds to careers in engineering."

The BIW exhibit was popular with all ages. Students were invited to fold aluminum foil to create boats and to load their boats with pennies to test their

weight-bearing capacity. This simple example of engineering principles led to discussions of structure, math and physics and a hallway survey conducted by another MEPC official reported back that the BIW booth was considered one of the most engaging.

On hand during the day were Charlie Cary, Russ Hoffmann and David Porter (all D40), Rob Van Gilder (D86), and Mike Ross (D49).

Alex and Mackenzie Ross joined their dad for the day and Mackenzie, age 9, said that she might want to be an engineer when she grows up "because it seems like fun." Brother Alex, at 12, was more convinced, saying, "After three of them (expos), I know I would like to become an engineer." He liked the hands-on things offered by different exhibitors. "I feel it's a great experience for me or anyone else, helping me understand what engineers do."



Governor Baldacci signs a proclamation designating the week of February 21–27 as Maine Engineers Week. Representing BIW were Eddie Davis, (6th from left); Deb Augustine, (7th from left); William Guertler, (6th from right); and Nick Charles (5th from right).



Service Anniversaries

Dept. Name

45 Years

- 86 McDonald, Larry Allen
87 Overlock, Earl Lee

35 Years

- 06 Weeks, Waite Charles
24 Gallant, Gregory Alan
50 Sleeper, Gary Paul
80 Lowery Whitt, Raymond Erwin
87 Chubbuck, Timothy Brian
87 Garneau, James Patrick
87 Loveitt Jr, Harold Everett

30 Years

- 06 Duquesnoy, Michael Roger
07 Smith, Ralph Francis
09 Gordon, Robert Emery
10 Cloutier, Robert Allen
10 St Jean, David Omer
10 Woodcock, William Allen

Dept. Name

- 17 Sites Sr, Richard Allan
19 Canavan, Robert Michael
19 Farr, Clifford Edwin
20 Curtis, Thomas Bradwell
20 Marshall, Steven Lee
20 Ziehm II, Rudolph Arthur
27 Grondin, Timothy Alton
27 Harrington, Edwin Scott
27 Jones, Jill Annette
27 Moody, Carol Ann
27 Pulk, David Lee
27 Wallace, Philip Irving
40 Lavoie, Norman Raymond
50 Doyle, Leon Earl
57 Skillings Jr, Warren Phillip
86 Townsend, John Scott
87 Albee, Keith Joseph

25 Years

- 45 Spicer, Robert Lee

Dept. Name

- 20 Years**
09 Kaiser, Mark Winfield
10 Case, Theodore Williams
10 Pinard, Ronald Norman
19 Fontaine, Richard Gary
20 Daigneault, David Maurice
30 Fogg, Leland Norris
30 Gosselin, Paul Marcel
30 Valentine Jr, Richard Jesse
40 Bordeleau, Albert James
40 Richardson, Sarah Ann
40 Simmons, Dean Ernest
40 Vachon, Marc Armand
43 Boulet, Raymond Robert
43 Ell, Steven Weidler
43 Robinson III, Brigham James
50 Acker, John Edwin
50 Bosse Sr, David Norman
50 Boucher, Alfred Robert
50 Collins, John Donald

Dept. Name

- 50 Dunton, Jeffrey Scott
50 Gilbert, Yvon Roland
50 Marquis, Steve Jean
50 Tardiff, Daniel Robert
84 Sippola, Michael Eric
86 Kelley, Edward William
87 Fleming, James Michael
87 Heppell, John Lucien

15 Years

- 28 Mazorra, Maria Elena
45 Nickerson, Ernest Steve

5 Years

- 38 Maurer, Matthew Michael
87 Kidney, David Scott

Cool Running

At 8:00 am on Saturday, January 30, 2010, it was 9 degrees above zero, a seriously cold morning. A strong wind multiplied the impact, creating a tough environment for anyone who ventured outdoors. That was the setting of Phil Coyne's (D86) 5K Run/Walk in Bath to aid victims of the January 12 Haitian earthquake.

To Phil's surprise, over 40 people, plus some children, showed up to register, appropriately wearing layers of everything from high tech gear to fur coats to whatever was hanging on their back peg that morning. Starting at 9:00 am, the runners ran and the walkers walked the course through nearby downtown and raised over \$2,000 for Doctors Without Borders, specifically for Haitian relief efforts.

Phil is one of our volunteer BIW Wellness Champs who acts as a mentor to inspire and motivate fellow employees to adopt healthier lifestyles. In 2007, he changed his life when he switched to a healthier lifestyle, lost a significant amount of weight and most importantly, stuck with it.

He now participates in or volunteers at many athletic events in the area and is gaining experience as an event organizer.



Race sponsor Perian Moore, left, and Phil Coyne.



Participants in the 5K Walk/Run couldn't wait to get started and warm up a bit. Photos courtesy of www.keithspirophotography.com

He said, "This one was very easy to get off the ground. In 7 days, it went from an idea to an event, including permissions, permits, volunteer helpers and obtaining the sponsorship of Perian Moore of InspireME Personal Fitness Training who readily agreed to help. I think people were happy for the opportunity to contribute to efforts that will help people in the aftermath of the Haitian earthquake."

On the wellness side, Phil said a few things surprised him. "I think including the walk option with the run made it more appealing for some, and those who had a

buddy to walk or run with them were probably more motivated to come out when it turned cold and they might easily have done otherwise."

He continued, "Another thing that I am learning in my 'job' as a wellness champ is to be open to what people have to teach me. Several individuals came out to this 5K walk/run that I might have considered the least likely to be interested in such an event in mid-winter, yet they were there. That inspires me."



Welcome

The following employees joined BIW during February 2010. Please welcome them.

Name	Dept.	Name	Dept.	Name	Dept.
Allen Jr, Richard Thorton *	1500	Harvey Jr, Richard Charles *	1500	Sommer, Timothy Alan *	1500
Allen, Jay Theodore	1000	Hatch, Lewis Wyman *	1500	Soule, Austin Laurence	8700
Andresen, Douglas Walter *	1900	Hespe, John Robert *	1900	Stover, Jocelyn Cooper *	2400
Avis, Emily Joyce	4000	Hutchins, Michael Francis	8700	Tarr Jr, Gerald Richard *	6600
Barnes, Elizabeth Mary	8700	Jackson, Sarah Dawn	8700	Thibault, William James	8700
Baum, Robert Francis *	1500	Jellison, Donald Gordon *	1500	Trebilcock, Sandra Joyce *	2700
Beaulieu, Kristy Joy	2400	Jones, Darren Maxwell *	3200	Tribou, Michael Ray *	1900
Bedford, Hilary Alexis	4000	Kaikini, Ravindra Prabhat	8400	Ulvila, Dennis Michael *	0900
Belanger III, Joseph *	1500	King, Richard Mayer *	1900	Upham Jr, Albion Leslie *	1500
Benner, Jolene Madelyn *	2700	Kritzman, Darlene Rose	8700	Walker, Alan Augustus *	1900
Bernard, Ronald Paul *	6600	Lachance, Justin Howard	8700	Wall II, Edward John *	1500
Bois, Antoine Donald *	1700	Lancaster, Michele Carrie *	1900	Waterman, William James *	1500
Bowles, Peter Jeffrey *	2700	Le, Erik Phuc	8700	Waters, Jeremy Robert *	3200
Bujold, Donald Leo *	1500	LeBorgne, David Lambert	8200	Weeks, Mark Hamilton *	1900
Bukauskas, Arunas	8700	LeBourdais, Audra Lee Seigars *	1900	Welch, Ryan Alton *	4300
Byras II, George Stephen *	1900	LeBourdais, Denis Robert *	1900	Willard, Ralph Francis *	1500
Cadotte, Robert Patrick *	1500	Lessard, Ronald Wilfred *	6600	Williams, Kenneth Ray *	2700
Camire, Eric S *	1900	Lippert, Timothy Andrew *	1700	Woodcock, Russell Karl *	1500
Carmichael, Neil Burton *	1500	Loranger, Gerard Norman *	1500	Wyman, Josiah Wayne *	3000
Carter, Larry Wesley *	8000	Malesiewski, Daniel Francis *	1500	Yang, Zhao Ning	4000
Castonguay, Marc Roger *	2700	Marsters, Ronald Alan *	1700	* Returning Employees	
Chase, Matthew John *	6600	Maxcy, Alwilda Marguerite *	2700		
Cogswell, Charles Smith *	1500	McKay, Michael Ernest *	2700		
Colello, Michael Alan	1000	McLaughlin, Jerry Dwayne *	1900		
Collins, Michelle Dawn *	1900	McNeill, Larry Stuart *	3000		
Cook, Lisa Arlene *	2700	Mercer, Paul Leo	8700		
Cooper III, Fred George *	1500	Merritt, Wayne O'Brien	8700		
Crosman, Jeffrey Alan *	1500	Miodowski, John Stephen	8700		
Cunniff, John Hugh *	1900	Morris, William Charles *	1500		
Cunningham, Christopher Robert 0705	0705	Mullen, Bruce Robert *	1500		
Cushman Jr, William Lee *	2700	Murdoch, Glenn Anderson *	1500		
Daley, Jeannine Theresa *	2700	Murphy, Robert James *	1900		
Darling, David Charles *	1500	Obie, Mark Philip *	1900		
Davis, Sheila Lynn *	6600	Ozzella, Carl Phillip *	9105		
Elder, David Wayn *	1500	Parini, Stephen Gene *	1900		
Evans, Timothy Wayne *	6600	Parsons, Dashiell Benson	4000		
Ferrante, Christopher *	1500	Patrie, Andrew Wayne *	8600		
Ferrell Jr, Roy Michael *	3200	Patrie, Tamra Lee *	6600		
Folger, David Lee *	1900	Perkins, Shawn Ryan	2400		
Fortin Sr, Gregory Ernest *	1500	Piche, Jean Paul *	2700		
Fyfe, Ervin Eugene *	1500	Pitcher, Shawn R *	6600		
Garceau, Wayne John *	2700	Porter, Kurt Albert *	2700		
Gildart, Matthew Brian	2400	Potter, Bryan Lee *	1500		
Hall, Lee Alan *	1500	Poulin, Carol Joan *	6600		
Hamilton, Ryan Scott	8400	Shaunesey, Debra Ann *	2700		



Dept.	Name
10-00	Alan W. Reed 36 Years, 2 Months <i>Leadperson III</i>
19-00	Thomas G. Reed 20 Years, 5 Months <i>Electrician III</i>
24-00	Peter T. Decourcy 40 Years, 7 Months <i>Senior Buyer</i>
28-00	Thomas M. Brooks 21 Years, 1 Month <i>Clinical Technician</i>
43-00	William J. Quick 11 Years, 4 Months <i>Welder III</i>
50-00	Brian R. Lowe 20 Years, 7 Months <i>Shipfitter III</i>
81-00	Gary S. Kramarz 35 Years, 9 Months <i>Material Clerk III</i>
81-00	John L. Travis Jr. 28 Years, 9 Months <i>Material Clerk III</i>
82-00	Robin E. Curtis 24 Years <i>Technical Clerk, 1st Class</i>
86-00	Bette A. McLean 21 Years, 6 Months <i>Technical Clerk, 1st Class</i>
86-00	Thanh V. Tran 21 Years, 7 Months <i>Designer, 1st Class</i>
91-05	Charles L. Ashton 41 Years, 10 Months <i>Planning Tech</i>

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Racing for Veterans/No Boundaries

(Continued from pg. 6)

ational experiences to the veterans who participate by exposing them to activities and challenges most never thought they would be able to do. Skiing down a mountain, gliding across a lake, hitting a target with a bow and arrow or .22 rifle—the VNB participants come away from their accomplishments saying, ‘If I can do this, I can do anything.’ It is amazing to watch the evolution during the VNB weekend from registration on Thursday night to departure Monday morning. The trepidation of Thursday is usually replaced with smiles, comments like ‘I can’t wait to do this again’ and promises to be back next year.”

In the early morning hours before the off-site program started, Peter set up a small MHS/VNB display in the hall and shared the table with Cheryl Gilbert (86) where they continued to receive donations. To BIW, he says, “Thank you—you folks are awesome! To see the many contributions of \$5, \$10, and \$20 in the bucket and the envelopes from different teams of people in the shipyard means so much to us. The money will help make this year’s VNB



program possible and knowing that so many hard-working BIW people are behind us feels great. We will, of course, share the news of your generosity with the people who count the most in all of this—the VNB participants.”

Veterans and supporters with MHS staff and volunteers at the 2010 Veterans/No Boundaries Winter Weekend at Sunday River.